

Old Leake Primary Academy PE Overview 2025-2026



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Dribbling, hitting and kicking (invasion games)	Gymnastics	Dance	Ball Skills	Fundamentals	Ball Skills Swimming
Year 1	Dribbling, hitting and kicking (invasion games)	Gymnastics	Dance	Target Games	Athletics Team Building	Striking and Fielding games Swimming
Year 2/3	Hitting, kicking and dribbling (Invasion)	Gymnastics	Dance	Bat and ball (Net and wall)	Athletics Team Building	Striking and Fielding games Swimming
Year 3/4	Invasion (Netball and bench ball)	Gymnastics	Dance	Net and Wall (Tennis)	Athletics OAA	Football Swimming
Year 4/5	Invasion games – bench ball/Tag Rugby	Gymnastics	Dance	Net and Wall (Dodgeball)	Athletics OAA	Striking and fielding games – cricket Swimming
Year 6	Invasion games – bench ball/Tag Rugby	Gymnastics	Dance	Net and Wall (Volleyball)	Athletics OAA	Striking and fielding games – Rounders Swimming